



University of the
Highlands and Islands
Shetland

Emergency First Aid at Work

Accreditation: Highfield Qualifications

Length of course: 1 day

Who is this course aimed at: Anyone who would like to be an emergency first aider in the workplace. Candidates should be physically able to carry out the procedures highlighted in the course outcomes.

Course Outcomes:

Know the roles and responsibilities of the emergency first aider

Know how to assess an incident

Learn the first aid skills in CPR and use of AED, providing first aid to a casualty who is choking and dealing with external bleeding and hypovolaemic shock.

Course Description: This course meets the HSE requirements for training emergency first aiders in organisations that have identified a requirement for this level of first aid competency. Assessment is by a practical demonstration and a multiple-choice theory test. This course is at SCQF Level 6 and is valid for 3 years.