



University of the
Highlands and Islands
Shetland

Paediatric First Aid

Accreditation: Highfield Qualification Level 3

Length of course: 2 day

Who is this course aimed at: Anyone who is responsible for the welfare of infants and children, who would like to become a paediatric first-aiders in the workplace. This qualification is intended for learners already working or preparing to work in the industry and it meets the requirements for paediatric first aid outlined in the Early Years Foundation Stage.

Course Outcomes:

Know the roles and responsibilities of the paediatric first aider

Know how to conduct a scene survey; a primary survey on an infant/child; and when to call for help

Know when and how to administer Cardio Pulmonary Resuscitation (CPR) and use an automated external defibrillator (AED)

Be able to assess the level of consciousness of a child/infant and how to use the recovery position

Be able to administer first aid to a child or infant who is choking, bleeding, who is suffering from hypovolemic shock, been bitten, or burned, or poisoned

Be able to recognise different types of fractures, sprains, strains and dislocations and how to administer first aid using support and slings

Know how to recognise head injuries, spinal injuries and how to administer first aid

Be able to recognise diabetic emergencies, asthma attack, allergic reaction, meningitis, and febrile convulsions and how to administer first aid

Recognise the effects of extreme cold and heat and how to administer first aid

Be able to safely manage an incident involving electricity and administer first aid

Be able to recognise the severity of burns and scalds and administer first aid

Know the routes a poisonous substance takes to enter the body and administer first aid to a child/infant who is suffering from poisoning

Know the common triggers for anaphylaxis and how to recognise it and how to administer first aid using an adrenaline auto injector training device

Course Description: This course covers topics that are important for maintaining good practice in the safe, prompt and effective treatment of injuries and ill health in infants and children. Assessment is by practical demonstration and a multiple-choice theory test.