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# Trends in Scottish Fish Stocks 2016 

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## Summary

This paper summarises the most recently published data from the International Council for the Exploration of the Sea (ICES) on the state of commercially important fish stocks in the waters around Scotland. These data reveal trends in the abundances of these fish stocks and in the levels of exploitation. This information informs the scientific advice the ICES provides on the future management of these fish stocks.

The general overall picture is of increasing abundance and declining levels of exploitation.

## Introduction

Published data have been collated and summarized to provide an overview of trends in the state of, and in the level of exploitation of, commercially important Scottish fish stocks; in particular those that are of importance to the Shetland fishing fleet.

## Data

Data were collated from the latest advice published by the International Council for the Exploration of the Sea (ICES) ${ }^{*}$. ICES is the inter-governmental organisation that coordinates and promotes marine research in the North-East Atlantic Ocean, including assessing the status of fish stocks and providing advice on their management. ICES stock assessments are based on the analysis of data from a variety of sources, including landings, fishermen's logbooks, scientific observers onboard fishing vessels, and research vessel surveys.
Fish species are divided into separate stocks in different areas. For some species ICES assesses stocks separately in the North Sea (ICES Sub-Area IV) and West of Scotland area (ICES Division Vla), while for others a single stock is assessed covering the North Sea and West of Scotland together. A few stocks are assessed across larger areas.

The time periods over which data stock data are available vary between stocks and area. For some species (such as cod or plaice) long-time series are available, stretching back to the 1960s or 1950s. For others (such as monks or megrim) the available time series are much shorter.

[^0]Two parameters are commonly used to reflect the state of a fish stock and the level of exploitation to which it is subject:

The Spawning Stock Biomass (SSB) is the estimated biomass (weight) of sexually mature fish in a stock, and is commonly used as a measure of the size of the stock.

The Fishing Mortality Rate $(\boldsymbol{F}$ ) is a measure of the proportion of a fish stock that is removed (caught) each year. $F$ is measured on a logarithmic scale; thus a value of 1.0 ( $F_{1.0}$ ) corresponds to $63 \%$ of the stock being removed each year, $F_{0.7}$ corresponds to $50 \%$ of the stock being removed and $F_{0.5}$ to $39 \%$.

## The Gadoid Outburst

Starting in the 1960s - for reasons that are still unclear - there was an unprecedented increase in the abundances of gadoid species (such as cod, haddock, saithe and whiting) in the North Sea, with a five- to -six-fold increase in their biomass*.

The available time-series of abundance of some of the gadoid fish stocks start around the time of gadoid outburst, and may thus give a misleading impression of the 'normal' size of these stocks. It has been suggested that the declines in the abundances of these gadoid species in the 1970s and into the 1980s should be regarded as a return to 'normal' levels of abundance.

[^1]
## Cod



Figure 1 The spawning stock biomass (SSB) and fishing mortality rate ( $F$ ) of North Sea cod from 1963 to 2016 (2015 for $F$ ). (In the 1960s and 1970s the abundance of cod was enhanced by the 'gadoid outburst' - see p. 3.)

The abundance of cod in the North Sea peaked during the gadoid outburst in the 1960s and 1970s (see page 3). Following the outburst, the spawning stock biomass (SSB) declined steadily until the mid-2000s. From a low in 2006 the SSB has increased relatively rapidly, almost 4-fold by 2016.

The fishing mortality rate $(F)$ increased during the period of the gadoid outburst and remained high during the 1980s and 1990s. Since about 2000 it has fallen steeply, declining by two-thirds between 2000 and 2016. Since 2011 the value of $F$ has been lower than at any time in the last 60 years.

## Haddock



Figure 2 The spawning stock biomass (SSB) and fishing mortality rate ( $F$ ) of the combined North Sea and West of Scotland haddock stock from 1972 to 2016 (2015 for $F$ ).

Since 2015 North Sea and West of Scotland haddock have been assessed as a single stock.

The spawning stock biomass (SSB) of the North Sea and West of Scotland haddock stock has experienced very large fluctuations over the last 40 years (reflecting the biology of the species). There was a general decline in the stock size until the early 1990s, since when there has been a general increase. The average SSB in the years 2010 to 2016 was almost double that from 1990 to 1995.

The fishing mortality rate $(F)$ for North Sea and West of Scotland haddock remained generally relatively high until 2000, since when it has fallen sharply. The value of $F$ in 2015 remained less than half of that in 2000, although it has increased in recent years.

## Saithe



Figure 3 The spawning stock biomass (SSB) and fishing mortality rate ( $F$ ) of the North Sea and West of Scotland saithe stock from 1967 to 2016 (2015 for F). (In the 1960s and 1970s the abundance of saithe was enhanced by the 'gadoid outburst' - see p. 3.)

The spawning stock biomass (SSB) of the North Sea and West of Scotland saithe stock has undergone large fluctuations over the last 50 years. Following a peak in the early 1970s (associated with the gadoid outburst - see page 3), the size of the stock declined until about 1990. The SSB then increased again, tripling between 1990 and 2005, before undergoing another decline. The SSB in 2016 was well above the longterm average stock size over the previous 40 years.

The fishing mortality rate $(F)$ for North Sea and West of Scotland saithe has also undergone large fluctuations, but has declined markedly since the mid-1980s ( $F$ in 2016 was less than about one-third of that in 1986).

## Whiting



Figure 4 The spawning stock biomass (SSB) and fishing mortality rate ( $F$ ) of North Sea whiting from 1990 to 2016 (2015 for F). (Data for North Sea whiting are only available from 1990.)

Data for whiting in the North Sea are only available from 1990. Since then their spawning stock biomass (SSB) generally declined to about 2007, although with large fluctuations. Since 2007 the SSB has increased in size (by more than 50\%), although again with large fluctuations.

The fishing mortality rate $(F)$ for whiting in the North Sea has also generally declined since 1990, though again with large fluctuations. The value of $F$ in 2015 was about one-third of what it was in 1990.

## Plaice



Figure 5 The spawning stock biomass (SSB) and fishing mortality rate ( $F$ ) of North Sea plaice from 1957 to 2016 (2015 for F).

The spawning stock biomass (SSB) of plaice in the North Sea remained relatively stable from the 1960s to the mid-2000s, albeit with some large fluctuations. Since then there has been a substantial and rapid increase in the size of the stock, which almost quadrupled between 2004 and 2016. The SSB in 2016 was larger than at any time since at least 1957, and was three times larger than the average prior to 2004.

The fishing mortality rate $(F)$ for plaice in the North Sea generally increased, though with large fluctuations, from the 1960s through the 1990s. It fell steeply thereafter, declining by $75 \%$ between 2001 and 2011. The value of $F$ in 2016 remained about one-quarter of that in 2001 and lower than at any time since at least 1957.

## Monks (Anglerfish)



Figure 6 The abundance index (survey index) for Northern Shelf monks from 2005 to 2016. (No estimates of fishing mortality rate are available for monks.)

For the Northern Shelf monk stock an index of abundance is available for the period from 2005 to 2016, providing a much shorter time-series than for other species. Over this period the size of the stock has fluctuated, but has increased since 2011. According to the survey index the stock has more than doubled in size since 2011.

No estimates of fishing mortality rate $(F)$ are available for monks.

## Megrim



Figure 7 Indices of the biomass and fishing mortality rate of the North Sea and West of Scotland megrim stock from 1985 to 2014.

The biomass index of the North Sea and West of Scotland megrim stock declined during the late 1980s, remained fairly stable through the 1990s to the mid-2000s, and has increased since then. The index in 2014 (the last year for which data are available) was double that in 2005, and at its highest level for 30 years.

The fishing mortality index for North Sea and West of Scotland megrim has generally declined over the last 20 years. The value of the index in 2014 was the lowest recorded, and only one-third of the average in the 1990s.

## Hake



Figure 8 The spawning stock biomass (SSB) and fishing mortality rate ( $F$ ) of the northern hake stock* from 1978 to 2016 (2015 for F).

Following a general decline during the 1980s and 1990s the spawning stock biomass (SSB) of the northern hake stock* has increased rapidly and dramatically since the mid-2000s. The SSB increased almost 10 -fold between 2006 and 2016.

The fishing mortality rate ( $F$ ) for the northern hake stock rose during the 1980s but has generally declined since then, especially after 2005. The value of $F$ in 2016 was less than one quarter of that in 2005, and lower than at any time in the last 40 years.

[^2]
## Ling



Figure 9 Index of the abundance of the North-East Atlantic ling stock ${ }^{*}$ from 2000 to 2014.

The spawning stock biomass (SSB) and fishing mortality rate ( $F$ ) of ling are not known directly. Instead, ICES uses an index of ling abundance based on the catch rate of Norwegian ling-line fishing vessels.

This index indicates that the size of the ling stock has increased steadily over the last 15 years, almost tripling in size between 2003 and 2014.

[^3]
## Whitefish Aggregates

## North Sea



Figure 10 The total spawning stock biomass (SSB) and average fishing mortality rate (F) of North Sea cod, plaice and common sole* from 1963 to 2016 (2015 for f).

The combined spawning stock biomass (SSB) of cod, plaice and common sole* in the North Sea generally declined through the 1970s, 80s and 90s, following the peak associated with the gadoid outburst (see page 3), during which the abundances of cod was enhanced (plaice and sole are not gadoid species).

From about the mid-2000s the combined SSB has increased rapidly, due to the increasing abundances of all three species (but especially plaice). The combined SSB more than tripled between 2004 and 2016, reaching a size greater than at any time since at least 1963.

The average fishing mortality rate ( $F$ ) for cod, plaice and (Dover) sole in the North Sea generally increased until the mid-1980s but has fallen since about 2000. The average value of $F$ in 2015 was less than one-third of that in 2001 and at its lowest since at least 1963.

[^4]
## North Sea \& West of Scotland



Figure 11 The total spawning stock biomass (SSB) and the average fishing mortality rate ( $F$ ) of cod, haddock, hake, plaice, saithe and common sole in the North Sea and to the West of Scotland from 1981 to 2016 (20154 for F)

The combined spawning stock biomass (SSB) of cod, haddock, hake, plaice, saithe, and common sole in the North Sea and to the West of Scotland generally declined during the 1980s, remained relatively stable during the 1990s and has generally increased since then, particularly over the last 10 years. The combined biomass in 2016 was more than 2.5 times greater than that in 2001, more than $80 \%$ larger than the average over the preceding 35 years, and larger than at any time since at least 1981. A straight trend-line fitted through the SSB data shows an overall upward trend over the last 35 years.

The average fishing mortality rate $(F)$ for cod, haddock, hake, plaice, saithe, and Dover sole in the North Sea and to the West of Scotland has declined steadily since the late 1990s. The average value of $F$ in 2015 was less than half that in the 1990s.

## Herring



Figure 12 The spawning stock biomass (SSB) and fishing mortality rate ( $F$ ) of North Sea herring from 1980 to 2016 (2015 for F). (The North Sea herring fishery was closed from 1977 to 1983.)

The spawning stock biomass (SSB) of herring in the North Sea generally declined until the mid-1970s, especially during the mid-1960s, which led to the closure of the fishery from 1977 to 1983. Since the low point in the mid-1970s the stock has generally increased in size, albeit with large fluctuations. The SSB in 2016 was almost 20 times larger than in 1975, and although it has fluctuated in recent years the stock remains relatively large (similar to its size in the late 1950s and early 1960s, prior to the collapse of the stock).

The fishing mortality rate ( $F$ ) for herring in the North Sea peaked in the early 1970s. Since the increase following the re-opening of the fishery in 1983, the fishing mortality rate has generally declined, especially since the mid-1990s. Although the value of $F$ has increased in the last few years it remains less than half what was in 1994.

## Mackerel



Figure 13 The spawning stock biomass (SSB) and fishing mortality rate ( $F$ ) of the North-East Atlantic mackerel stock ${ }^{\star}$ from 1980 to 2016 (2015 for $F$ ).

The spawning stock biomass (SSB) of the North-East Atlantic mackerel stock* declined during the 1980s and early 1990s, increased rapidly after the early 2000s. Although lower than in the last couple of years, the mackerel SSB remained higher in 2016 than at any time since 1980, and more than double its size around 2000.

The fishing mortality rate $(F)$ for the North-East Atlantic mackerel stock generally increased prior to about 2003, but has declined since then. Although the mortality rate has increased in the last few years it remains well below its peak value.

[^5]
## General Remarks

Two general trends are apparent from the whitefish data:

- The spawning stock biomasses (SSB) of most whitefish stocks have increased since the mid-2000s, in some cases by substantial amounts.
- The fishing mortality rates (F) for all the species covered have declined since the mid-2000s, again by substantial amounts in some cases.

Although the sizes of some stocks (such as cod and haddock) remain below levels seen in the past, stocks of others (such as plaice and hake) are at historic highs. (As is discussed on page 3, past abundances of some species were enhanced by the gadoid outburst).

It is notable that the aggregate whitefish spawning stock biomass for the North Sea has remained relatively constant, albeit with some fluctuations, over the last four decades and has increased dramatically in recent years (Figure 10). A similar pattern is evident for North Sea and West of Scotland stocks combined (Figure 11), although the time-series is shorter. This suggests that fluctuations in the abundances of the different species may - to some extent at least - cancel each other out.

Research carried out by ICES on the interactions between different fish species in the North Sea* has also suggested that there are links between the abundances of different species of fish. In particular, increases in the abundance of cod and saithe may result in declines in the abundance of haddock and whiting (which are eaten by cod and saithe), but also to increases in the abundance of species such as herring, sandeels and pout (which are eaten by haddock and whiting).

The overall picture of whitefish stocks provided by these data is of generally increasing stock sizes and decreasing (and relatively low) fishing mortality rates. These data also suggest that focussing attention on a single species may give an incomplete impression of the general state of Scottish fish stocks.

[^6]
## Further Information

All data used in this paper were sourced from the most recent available advice published by the International Council for the Exploration of the Seas (ICES), and available at: www.ices.dk/community/advisory-process/Pages/Latest-Advice

For further information please contact me.

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[^0]:    * The latest ICES Advice is available online at:

[^1]:    * Hislop, J.R.G. (1996). Changes in North Sea gadoid Stocks. ICES Journal of Marine Science 53: 1146-1156. (http://icesjms.oxfordjournals.org/content/53/6/1146.full.pdf)

[^2]:    * The 'northern' hake stock covers an area that includes the North Sea and West of Scotland areas, as well as the areas around Rockall, to the west and south of Ireland and into the northern Bay of Biscay.

[^3]:    * The 'North-East Atlantic' ling stock covers an area that extends from southern Spain to the North Sea and West of Scotland areas and to the coast of Greenland (but not the Norwegian Sea or the waters around Iceland or Faroe).

[^4]:    * Cod, plaice and Dover sole are the only North Sea whitefish species for which long-term timeseries of abundance are available.

[^5]:    * The North-East Atlantic mackerel stock extends from the coasts of Portugal and Spain to the Norwegian Sea and Iceland, including the North Sea.

[^6]:    * Anon. (2013). Multispecies considerations in the North Sea. ICES Advice 2013, Book 6, Section
    6.3.1. (available online at:
    www.ices.dk/sites/pub/Publication\%20Reports/Advice/2013/2013/mult-NS.pdf).

